Systems Health Care
Workshop Series 2018
Stephen C. Gangemi, DC
Two Weekend Workshops – 13 hours each

Dates:

#1 June 9 & 10, 2018 (Saturday from 10am until 7pm and Sunday from 9am until 3pm)
#2 September 15 & 16, 2018 (Saturday from 10am until 7pm and Sunday from 9am until 3pm)

Location: The offices of Dr. Gangemi and Systems Health Care: 10295 US 15-501 North, Chapel Hill, NC 27517

Learning Objectives:

• The attendees will finish the course feeling confident in his/her ability to treat even the most difficult case, from musculoskeletal problems to visceral dysfunctions.

• The attendees will:
  o Learn how to evaluate and treat musculoskeletal conditions using manual therapies.
  o Identify primary problems by finding and treating patterns in a systematic and individualized progression.
  o Recognize the difference between compensations and adaptations, and treat accordingly.
  o Learn how to precisely diagnose health concerns using different types of muscle testing procedures combined with visceral referred pain patterns and other associated factors.
  o Efficiently treat accordingly to physiological hierarchy so that health issues remain resolved.
  o Accurately learn and practice manual muscle testing skills and techniques and see how they are used to guide their way through the SHC evaluation and treatment process.
  o Discover new muscle testing and treatment procedures that can apply to all patients, as well as biochemistry and nutrition protocols, tips and insights, and a whole lot more!

• Each class is limited in size and very hands-on due to the amount of workshops, demonstrations, and muscle testing practices.

• Attendees will utilize the 200-page Systems Health Care Manual/Textbook as their course notes.
Session 1: The Systems Health Care Technique: Basic Procedures and Implementation

13 hour course: June 9 & 10, 2018

1. Introduction, Philosophy, and General Overview of the Systems Health Care course (45 min)
2. Establishing Normal Muscle Function with workshop (30 min)
3. Injury Patterns with workshop (60 min)
4. Injury Recall Technique (IRT) with workshop (30 min)
5. Identifying the Injury Location with workshop (30 min)
6. Treating the Injury with workshop (30 min)
7. Finding Injury Patterns with Compression with workshop (45 min)
8. Nociceptor Stimulation Blocking (NSB) and Set Point (SP) Techniques with workshop (60 min)
9. Differentiation Between Performing NSB or SP Technique (30 min)
10. Cranial Faults and Pre-test Imaging with workshop (45 min)
11. The Cranial Fault Injury Connection with workshop (45 min)
12. Cranial Faults Indicating an Immune System or TMJ Problem with workshop (30 min)
13. Cranial Faults Requiring Manual Correction with workshop (30 min)
14. Unresponsive Flexors and Extensors with workshop (30 min)
15. Same Limb Flexor/Extensor Injury Link with workshop (30 min)
16. The Temporomandibular Joint (TMJ) and Tooth Issues with workshop (30 min)
17. The Diaphragm and Identifying Tricky Muscle Inhibitions with workshop (30 min)
18. The Supine Gait Procedure with workshop (15 min)
19. Further Evaluation via the Supine Gait Procedure with workshop (30 min)
20. "All Strong" and "All Weak" Conditions with workshop (30 min)
21. Organ Evaluation and Parasympathetic vs. Sympathetic with workshop (30 min)
22. Conclusion (45 min)

SYSTEMS HEALTH CARE WORKSHOPS

The Systems Health Care Video Series #1, Video Series #2, and the Systems Health Care Manual are REQUIRED to take this course. The workshop will then use this material and build off of, as well as further improve your knowledge of the SHC protocol and patient care. You’ll have a solid grasp of a new, exciting, and powerful way to evaluate and treat your patients by the time you leave on Sunday.

This is “SHC Part 1” of a 2-part, 26-hour workshop. Part 2 will take place in September of 2018 where we will go into more in-depth SHC procedures, nutrition, and much more (i.e. deeper into Video #2 Organs and Video #3 Special Techniques). You will then have the opportunity to take the Systems Health Care Certification Exam if you choose to do so. *Part 2 is not mandatory for those who attend Part 1.

Cost: $675 (This includes an unforgettable dinner Saturday night as well as Sunday breakfast.)
Session 2: Systems Health Care Essential Techniques

13 hour course: September 15 & 16, 2018

1. Intro (30 min)
2. The TMJ, Jaw, and Blood Sugar Handling Issues with workshop (60 min)
3. Fatty Acid Imbalances, Deficiencies, and Inflammation with workshop (60 min)
4. Aerobic and Anaerobic Evaluation and Correction with workshop (60 min)
5. The Subluxation Challenge and Correction with workshop (60 min)
6. Heart Rate Variability Assessment with workshop (30 min)
7. Diaphragmatic Evaluation, Correction and Rehabilitation with workshop (60 min)
8. Emotional Stress Assessment and Correction Procedures with workshop (60 min)
9. Evaluating and Correcting Complex Gut Issues with workshop (45 min)
10. Connective Tissue Challenge Procedures with workshop (60 min)
11. Identifying and Correcting Sleep Problems with workshop (60 min)
12. Comprehensive Gait Evaluation with workshop (60 min)
13. Essential Rehabilitation Movements with workshop (60 min)
14. Systems Health Care Implementation with workshop (60 min)
15. Conclusion (15 min)

SYSTEMS HEALTH CARE WORKSHOPS

The Systems Health Care Video Series #1, Video Series #2, Video Series #3, and the Systems Health Care Manual are REQUIRED to take this course as well as attendance of Session 1.

This is “SHC Part 2” of a 2-part, 26-hour workshop. You will have the opportunity to take the Systems Health Care Certification Exam if you choose to do so after completing this workshop.

Cost: $675 (This includes an unforgettable dinner Saturday night as well as Sunday breakfast.)

To register for the workshops or if you have any questions, please email Dr. Gangemi at drgangemi@gmail.com.

Thank you for your interest in Systems Health Care!